

Compass Mental Health Supporting Providers

Call: <u>1-855-702-7272</u>

www.compassbc.ca

Email: compass@cw.bc.ca

Community Support After the Lapu-Lapu Tragedy

We extend our heartfelt condolences to the families, friends, festival attendees, and all those affected by the tragic events of April 26 at the Lapu-Lapu Festival in Vancouver, BC. To all who were impacted, we are holding you in our thoughts. As helpers in the community, please remember to care for yourselves as well - we hope you find time and space to process this profound loss.

If you are in the local area, we encourage you to review this circulating document. It includes important information for families seeking support, details on community gatherings, victim services, fundraising efforts for those affected, and listings of available counselling and mental health resources.

Filipino Emergency Response - Organized by VanFilEmergency

If you are looking for guidance in your role as a helper, we encourage you to explore our Trauma Toolkit on the Compass Mental Health website. It offers streamlined steps for assessment, treatment, practical strategies and resources to help support young people through trauma. As always, you're welcome to call the Compass line to speak directly with a mental health clinician about specific cases or concerns.

Compass Trauma Toolkit

As part of PHSA, Knowledge Keeper, Sulksun, Shane Pointe has gifted six Coast Salish teachings to our organization. One of those teachings, **Nuts a maht** "We are One", highlights that everything and everyone is of value and has purpose. The Lapu Lapu incident reminds us that we are all interconnected and that we must walk in good ways together and 'as one' to support our community.

BI-MONTHLY VIRTUAL COMPASS CONNECTIONS

Want to learn more about what we do?

Join us for our first bi-monthly Compass Connections Zoom session! It's a great chance to meet one of our mental health clinicians, ask questions, and discover how Compass Mental Health can support you.

Thursday, May 22nd at 12pm

No need to commit for the whole session - feel free to drop in whenever it works for you!

ZOOM LINK



20th ANNIVERSARY OF BEAR WITNESS DAY

May 10, 2025, marks the 20th anniversary of Bear Witness Day, a national day that honours Jordan's Principle and commemorates Jordan River Anderson, the young Cree boy from Norway House Cree Nation whose tragic experience led to a movement for justice and equity for First Nations children. It is a call to uphold the legal obligation that governments must meet the needs of First Nations children without delay or discrimination.

Ways People Can Honour Bear Witness Day:

- Wear blue or bring a teddy bear to school or work.
- Share Jordan's story and the importance of Jordan's Principle on social media.
- Educate children and youth about equity, human rights, and Indigenous justice.
- Host school or community events focusing on reconciliation and advocacy

Jordan River Anderson was diagnosed with Carey-Fineman-Ziter Syndrome which is a rare genetic disorder that required specialized medical care. Despite being medically cleared for discharge at age 2, Jordan remained in a Winnipeg hospital for over two years due to a jurisdictional dispute between federal and provincial governments over who would fund his at-home care. This delay ultimately led to his death on February 2, 2005, at age of five, without him ever having lived in a family home. His tragic story sparked national outrage and led to the establishment of Jordan's Principle in 2007.

RED DRESS DAY

Yesterday was Red Dress Day, it's a day to honour and remember Missing and Murdered Indigenous Women, Girls, and 2SLGBTQIA+ people (MMIWG2S+). On this day, red dresses are displayed in public to represent those who are missing, murdered and call for justice.

- Indigenous women are 12 times more likely to be murdered or go missing than non-Indigenous women in Canada (National Inquiry Final Report, 2019). Many cases are not properly investigated, often due to systemic racism.
- The crisis also extends to Two spirit and LGBTQIA+ Indigenous people, who face greater risks because of both their identities and the ongoing impacts of colonialism.

As helpers, take a moment to reflect, honour those affected, and commit to creating real change so Indigenous women, girls, and gender-diverse peoples can live safe, empowered, and violence-free lives.

Faceless Dolls Toolkit by Native Women's Association of Canada

THANK A YOUTH CARE WORKER WEEK

We proudly join others across BC in celebrating and acknowledging Thank a Youth Care Worker week - dedicated to honoring the dedication, compassion and hard work of those who stand beside children and youth through some of their most difficult moments.

Child and Youth Care Workers are more than just professionals—they are mentors, advocates, caregivers, and steady presences in the lives of vulnerable young people. Whether working in group homes, schools, shelters, or community programs, their role is vital in fostering safety, healing, and growth.

Your work is powerful. Your presence matters. You make a difference—every single day.

Thank you for your resilience, your empathy, and your unwavering commitment to the youth in your care.

WE WANT YOUR FEEDBACK

The Compass team values your insights and experiences. Please take a few minutes to complete our 2024 Compass Provider Experience and Satisfaction Survey. Your feedback helps us improve our services and better support you.

Thank you for your time and input!

SURVEY LINK



Are your contact details up to date? Have you moved or switched clinics? Let us know during your next call with Compass. Keeping your information current ensures seamless access to our consultation services!

Do you or your team have questions about Compass services or educational topics? We offer Compass 101 sessions for organizations, along with educational opportunities via Zoom.

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